**LANCASTER GENERAL HOSPITAL**  
**Women & Babies Hospital**  
**Position: Couplet Care and L&D RNs**  
**BFHI Scripting**  
**Competency Assessment Checklist 2013-2014**

<table>
<thead>
<tr>
<th>NAME _____________________</th>
<th>Date _______</th>
<th>Completion</th>
<th>Retest</th>
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<tbody>
<tr>
<td>Employee ID#___________________</td>
<td>YES</td>
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### Critical Behaviors

1. **Scenario involving feeding choice, rooming in, skin to skin, and feeding cues:**
   a. Utilizes positive messages in scripting
   b. Able to state benefits of breastfeeding
   c. Able to state benefits of skin to skin and rooming in.
   d. Able to offer example of infant feeding cues
   e. Encourages no time limits regarding feeding intervals or duration

2. **Scenario involving feeding observation, positioning, hand expression, and nipple soreness:**
   a. Utilizes positive messages in scripting
   b. States accurate principles of infant feeding positioning
   c. Demonstrates accurate technique for hand expression
   d. States reasons for hand expression
   e. States reasons for nipple soreness
   f. Offers feeding assistance for c/o nipple soreness
   g. States treatment of nipple soreness

3. **Scenario involving request to supplement and send baby to nursery:**
   a. Utilizes positive messages in scripting
   b. Explores reasons for desire to supplement and send baby to nursery
   c. Corrects misunderstandings
   d. Offers support for tired mother
   e. Offers options re: supplementation
   f. States benefits of exclusive breastfeeding
   g. Explains what and where to document for supplementation and rooming in

**Comments:**

_______ By initialing this line, I understand that I have not successfully completed this competency and must be re-evaluated by May 1st, 2014.

_________________________________  _________________
Signature of person validating competency  Date